Connect Nevada: Strengthening Youth, Empowering Families

PRESENTER:

Lisa Mariani Magellan of Nevada *Chief Executive Officer*





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Agenda

Magellan Health – company and children's services overview

» Nevada's new Care Management Entity (CME) – enhancing BH services for the most vulnerable children

Magell

Wigh Fidelity Wraparound (HFW) implementation timeline – working with you, step by step, on statewide rollout





Leading humanity to healthy, vibrant lives



Magellan

Evidence-based innovations for emotional wellbeing and mental health

- 50+ years in behavioral health
- 20+ years specialized children's programs experience
- ☑ 19.5M behavioral lives
- ☑ 1K+ employer contracts
- 110,000+ providers (in-person, telehealth)



Improving the lives of those that serve

- ☑ 1.5M federal lives
- ☑ 140+ year legacy of service
- ☑ 250+ worldwide locations
- 33% military-connected workforce
- 2,600 employees



Clinical thought leadership. Diverse BH expertise. Actionable insights. Expansive assets.

Health Plan

- ☑ 50 years leading BH industry
- Commercial, Medicaid, Medicare, Medi-Cal populations
- ✓ 6.1 million lives; 20 clients; 17 states
- Comprehensive solutions and companion packaged capabilities
- Admin, shared-savings and full risk-bearing pricing models

Employer

- ✓ 30 years solving employer needs
- Manufacturing, retail, services, healthcare
- ✓ 1,000+ customers and 11.5 million lives
- ✓ Innovative EAP, work life, resiliency and Gallup[®] assessment solutions and strategies
- ✓ 40,000+ providers (in-person, telehealth, BetterHelp)

Public/States

- ✓ 27 years partnering with states and agencies
- Medicaid
- Child and adolescent programs
- Community-based services focus
- ✓ 5 states; 700,000 lives;12 clients

Federal

- ✓ 140+ years federal space legacy
- ✓ 33% military-connected workforce
- Military counseling; resiliency coaching; counseling
- ☑ 5 million lives; 37 customers
- ☑ 334 worldwide locations

23.3 Million Lives Through Unique Segments and Stakeholders

Children's services overview

In partnership with state, county and other governmental agencies across the country, Magellan manages innovative programs that serve the broad spectrum of BH needs for more than 500,000 children.

Louisiana

- ✓ 93% of young people are able to remain in their homes
- ✓ 74% improvement in youth clinical functioning

Wyoming

- 95% of youth served remain in their homes
- ✓ 75% savings to care for youth in the program vs. inpatient care
- ✓ 4.8 out of 5 overall program satisfaction

Virginia

✓ Family support coordinators have helped decrease residential stays by an average of 61 days per child.

Pennsylvania

- ✓ 91.7% decrease in crisis services utilization
- ✓ 63% decrease in inpatient admissions

Florida

Magellan helped 46% of children living in vulnerable situations receive a non-residential level of care recommendation, which safeguarded dependent children from unnecessary restrictive levels of care. Nevada's new Care Management Entity (CME) Connect Nevada: Strengthening Youth, Empowering Families



Magellan awarded Connect Nevada: Strengthening Youth, Empowering Families program



Through the program, Magellan will coordinate with providers and organizations across the state, and youth and families to provide services based on assessed need, regardless of insurance type.

Children and youth with no health insurance may also receive services.

The Connect Nevada program will enhance and expand the system of care for this population. Connect Nevada will expand access to community-based services and supports for children and youth, and their families, with complex mental healthcare needs who are at risk for out-of-home interventions.

Source: <u>https://www.businesswire.com/news/home/20230829828276/en/Magellan-Healthcare-Selected-to-Administer-Behavioral-Health-Services-for-Children-Youth-and-their-Families-in-Nevada</u>



How we will implement the Connect Nevada: Strengthening Youth, Empowering Families program

- In partnership with the state and Wraparound in Nevada (WIN) program:
 - Magellan will provide HFW services
 - Magellan will work with individuals and provider agencies that will offer:
 - Home and community-based therapies
 - Respite (planned and emergency)
 - Youth peer support
 - Family peer support through Nevada
 PEP

- Magellan will partner with as many interested child-serving parties as possible:
 - Community service providers
 - Schools & school programs
 - Tribes
 - Other community members invested in supporting children and families
 - County & State agencies

Formal relationships with payors to coordinate care across systems









The new program will provide and/or coordinate services for children, youth and young adults with mental health needs, aged 3 through 20, and their families and who are:

Medicaid enrolled/eligible or under-/un-insured and:

- At risk of out-of-home interventions or
- Receiving treatment in a residential treatment facility or inpatient setting or
- Involved in multiple child serving systems

OR

At risk of being in the custody of a state or county agency or institution









Through a family-driven and youth-guided, strengths-based approach that is coordinated across child-serving agencies and providers, we will provide access to:

High Fidelity Wraparound (HFW) and other care coordination services	Intensive Home-based Treatment
Emergency and planned respite	Family peer support through Nevada PEP and youth peer support



A deeper dive on HFW, respite and peer support

High Fidelity Wraparound (HFW)

- Family-driven and youthguided team process
- Care coordination built on strengths and needs
- Streamlines multiple care plans into one
- Connection to formal and natural supports

Emergency and planned short-term respite

- Relief for families/caregivers of a child/youth with a mental health challenge or for the child/youth
- Temporary direct care and supervision for the child/youth
- Helps to de-escalate stressful situations

Family and youth peer support

- Formal and informal supports based on lived experiences
- Family peer supporters lived experience raising children/youth with mental health challenges and navigating child- and family-serving systems
- Youth peer supporters lived experience with mental health and/or substance use challenges



Intensive Home-Based Treatments

Connect Nevada calls for the use of evidence-based practices (EBP). Providers who choose to contract with Magellan to offer an EBP must show current certification or submit a plan that outlines specific steps/timeline for EBP training and certification.

Multisystemic Therapy (MST)

MST empowers youth (12-17) and their families to function responsibly by identifying strengths and developing natural support systems and removing barriers. It reduces delinquent and antisocial behavior by addressing the core causes of such conduct, allowing the family to take the lead in setting treatment goals and the therapist helps them to accomplish their goals.

Functional Family Therapy (FFT)

FFT is an effective, short-term evidence-based family counseling service designed for youth ages 11-18 who are at risk or have been referred for behavioral or emotional problems. It works with a young person's entire family and extrafamilial influences to facilitate positive growth and development. Key components of FFT are engagement, motivation, relational assessment, behavior change, and generalization.

Multidimensional Family Therapy (MDFT)

MDFT transforms lives through family-centered treatment for youth (10-26) struggling with mental health and other challenges. Through MDFT, youth and their family will communicate more effectively, function better day-to-day and ultimately grow closer and stronger together.

Family Centered Treatment (FCT)

FCT is a home-based treatment to stabilize youth (3-20) and families who have experienced trauma and those experiencing complex mental health symptoms. It integrates elements of several evidence based theoretical models, two form its foundation: Eco-Structural Family Therapy and Emotionally Focused Therapy. The four phases are joining and assessment, restructuring, valuing change, and generalization.

Additional EBPs we are currently recruiting providers to offer include: <u>Family Check-Up (FCU)</u> • <u>Parents as Teachers (PAT)</u> • <u>Parent-Child Interaction Therapy (PCIT)</u>

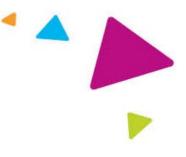


Provider Recruitment Efforts

- **Respite** 20 to 34 youth monthly
- Peer Support 100 to 200 youth monthly
- Intensive Home-Based Treatment (IHBT) 100 to 200 youth monthly
 - Multisystemic Therapy
 - Multidimensional Family Therapy
 - Functional Family Therapy
 - Family Centered Treatment
 - Family Check-Up
 - Parents as Teachers
 - Parent Child Interaction Therapy

• Magellan Care Coordination (HFW Care Coordinators) – 50 to 100 youth monthly

- High Fidelity Wraparound
- Intensive Care Coordination
- Targeted Case Management
- Assessors All program participants





How to Sign Up / Referrals

Parents and caregivers can refer a child/young adult to be screened for eligibility. Young adults can refer themselves as well. Others who can refer a child/young adult for screening include mental health professionals, teachers, counselors, and case workers. To make a referral, contact Magellan in one of these ways:



Fill out a referral form on MagellanofNevada.com/refer

Call us: 1-833-396-4310 (TTY 711)

Magellan will screen the child, youth, or young adult to see if they are eligible for Connect Nevada.







www.MagellanofNevada.com





Magellan Healthcare is pleased to work with the Nevada Department of Health and Human Services – Division of Child and Family Services, and providers and organizations across the state, to provide a comprehensive and coordinated approach to care and support for children and youth, ages 3-20, with complex behavioral health needs who are at risk for placement outside of their homes or communities. The program will coordinate and provide access to Intensive Care Coordination using High Fidelity Wraparound, Intensive Home-Based Treatment, emergency and planned respite, as well as youth peer support based on a robust strengths-based assessment of need with a focus on family and youth voice.

Crisis contact information

- Call or text 988 if you are experiencing a mental health, substance use or suicidal crisis.
- Call 911 if you are experiencing a medical emergency.



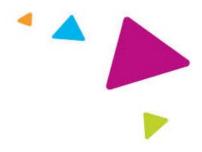
Thank you!

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